

CHAOS IN THE ENVIRONMENT – A REFLECTION OF THE DISORDER IN OUR "ENVIRONMENT"

[Fred Matser](#)

Founder, The Fred Foundation
The Netherlands

I am writing this essay because I am concerned about life on earth. I care about life on earth. I am aware that I am one of many, many people, who care. I also care about you, dear reader, companion in time and space on this wonderful planet, where we live. When you continue reading, please read very slowly.

I care about all expressions of life, in me and around me. Amongst these expressions of life is the human being. The human being is only one of the billions and billions of expressions of life on earth. Yet it is the only expression of life that seems to work against creation.

The current chaotic state of the environment is but a reflection of the chaos in our own souls and minds – our "in-vironment." The human is overfocused on its own species. As a result of this, the human, in its anthropocentric approach, is, overwhelmed by its own material and psychological creation, and so often "forgets" about the billions and billions of other forms of life.

In time and space, on a huge scale, the human is transforming living material into "dead" material, with detrimental effects on our environment and "invironment." Humans create enormous power systems that are at work to produce more and more material goods and services that are often not necessary at all. On the one hand, many people who produce and use the material products and services are in themselves not at peace; and on the other hand, billions of humans have hardly any access to the most basic goods and services.

Why is this all happening? In my view it is a result of the false perceptions and false beliefs of humans. Let me try to explain.

Here on earth as well as in the universe, we experience life in two dimensions: time and space. Beyond time and space there are many, many more dimensions. These dimensions can be experienced as well, if we are willing to open our perception to them. Alas, hardly anybody does this.

The centre – location – of the **human** is its **being**. That is why it is called **human being**. The human is a finite expression of infinite. The human stands for the **lateral** part – within time and space – and the being for both the lateral and the **non-lateral** – in and beyond time and space – that is to say, the eternal part or the **soul**.

Where is our soul? One of the reasons we are on this planet is to be on that exploration tour. The soul is the "link" with that which is beyond the two dimensions, beyond all dimensions and in the meantime in all dimensions, what and who I call GOD. All dimensions are a creation of GOD. GOD is the Father, the "pure centre" of all creation. In time and space, His creation is expressed in all kinds of forms, forms varying from very high density to very low density. GOD is the Creator.

All forms interrelate and are continuously in transformation at different levels of vibration. Some of these transformation processes – especially those of lower vibrations – can be perceived by us, by means of our **senses** – tone, smell, taste, colour, temperature, gravity/touch. Through our senses, we can perceive, our environment as well as our "invironment." All forms are expressions of different cycles of energy – frequencies, vibrations.

Our perceptions are linked to our beliefs. Beliefs are **thought forms**. A thought form is an energy structure. We can create and "discreate" thought forms. Out of our consciousness, we can, through our perception, penetrate deep into the form. We can experience a flow – "dance" – of most harmonious patterns of colours of light or tones.

By means of our thinking capacity we have been given the capacity to discern. We also have been given **free will**. With our **free will** and our faculty of **discernment** we can create functional as well as dysfunctional thoughts. With functional thoughts, I mean thoughts according to the laws of creation and evolution and **in tune with the flow**. With dysfunctional thoughts, I mean thoughts against the laws of creation and evolution – destructive thoughts – and **against the flow**.

Free will is the capacity to choose between function and dysfunction. A functional choice is one according to the functional laws of creation. And those natural laws are cyclical. If we take things out of the cycle of nature, we have a responsibility to bring them back into the cycle. If we grow alfalfa, it has a short life. But through use of the earth, sunlight, water and human excrement, we can bring it into new nutrition in three weeks. And thus into the cycle. If we create nuclear power, which uses a tremendous amount of resources, who is responsible for recycling it back into nature? Things we do that are connected only to our thinking, and not to our soul, risk being out of the cycle. This is where responsibility comes in, where our heart comes in, and we have to feel with our own soul if it's right to do these things.

Another example of nature's cycle – the tennis game. It developed as a continuous flow between people, to make movement and to give one another an exercise. It was based on continuation. Yet it is the people who succeed in breaking the cycle which get a point in tennis! In my point of view, there should be no winners and no losers.

Functional thoughts are created from the basis of **love** – truth, inspiration, balance, clarity, peace, flow. Dysfunctional thoughts are created from the basis of **fear** – control.

And ... **love is letting go of fear**. The more we are able to **purify our hearts**; the more we can connect to our spirit and choose functional thoughts with our free will and, as a result of that, choose to perform functional actions. A key issue in the purification of our heart is to learn not to be possessed by our emotions, so that we can learn to see the issues clearly. Alas, the humans have forgotten about these principles. They so often forget about their **human beingness** and escape, out of fear, into **human havingness**.

Human havingness is expressed amongst others in competition, external power systems, attack and defence mechanisms and the belief that the material world is the only reality there is. In my view, this is a result of not understanding the meaning of life in time and space. The anthropocentric human often thinks and behaves in his arrogance as if he – instead of GOD – is here in charge on Earth.

We, the humans, cannot create trees, birds, people or planets. We are a product of man and woman coming together. Acknowledging the male and the female, the plus and the negative – the cycle – there is no competition. I don't say that competition is bad, but if you can separate it from emotion you can bring it back into compare and to make functional choices: sharing, comparing, caring, loving, trusting, wholeness choices – associated with "being" notions, as opposed to "have" notions – competition, scarcity, harm, destruction, fear, mistrust, separation.

Being is eternal, while having in itself is always finite. When I die, what do I have? We are meant to care about the planet; to care about life on, in and around the planet; to care about the humans and the human beings; and to care about **ourselves**. "Ourselves" is not meant in an egotistical way; rather, it refers to ourselves as creations of GOD; honouring also our parents and children as creations of GOD.

We, as human beings, are GOD's stewards. We are His manifestations. **GOD's "plan,"** in my perception, is to truly allow ourselves to be creative and to allow ourselves to be inspired by Him and to share in His Love.

We often explain our existence based on "scientific" perception and on the dogmas of religion. Science has served us tremendously. Religion as well. Our appreciation for, and belief in, science in the so-called "civilised" world is very strong.

How would indigenous people look at science? Would they be able to follow the concept of anthropocentric, linear progress expounded by many practitioners of science? How would it fit in with their ideas of cyclical evolution?

I think it is important to recognise that science at one point in time and space represents a certain perception, which can be shared with others, based on agreed rules and regulations. Scientific proof means, according to my understanding, that phenomena are scientifically "proven" when what has been "found" can be repeated, giving the same results if conditions are kept the same. Throughout the history of science, we see that science develops; that is to say, that the scientists and their followers deepen their perception of phenomena in time and space, using continuously new and different theories.

As a result of that, they come to new and, different conclusions, over and over again. And so we shape our material world in an ever changing way. In other words, what was perceived to be true a thousand; a hundred or ten years ago, is not perceived to be true today. What is perceived to be true today, will not be perceived to be true in ten, a hundred or a thousand years from now. So, seen from this perspective, one can ask: **What, in the human mind, is true in time and space?**

Beyond time and space and within is the being-thought. Through the time-space box there is a huge soul energy penetrating you in dreams, through what you feel. I call it divine inspiration, intuition, understanding the meaning of coincidence and of dreams. Within time and space we have a capacity that is lateral. That is thinking with our brains, and feeling. Feeling is to allow and take part in the stream, the cycle that we talked about earlier, the vibrations, and being transparent. If my body is a bass or cello, and I receive vibrations and let them flow through, then I will play beautifully. Emotion is a block. It's like a big blob of chewing gum through which we cannot feel. It can be jealousy or anger, or competition or anything else. The idea is to work on your emotions, to dissolve them and come back into your feelings.

The products of the mental can be expressed into the material world. They are real, they can be given form, and can be compared. The products of the feeling are also real, but they cannot be expressed in the material world, and cannot be compared. The products of the mental and the feeling – sensations – have contents. Both are inspired, whether they are aware of it or not. The product of the mental has form, and implicitly location and presence. The product of the feeling is present as well, but it has no form and, because of that, no location. Meanwhile, the feeling is not to be determined mentally, however it may be expressed. We all have feelings but we have to allow them to express themselves and learn to communicate them.

Still many, many people believe in the findings of science as absolute and "build" their world view based on this belief alone. Science, in my view, is a wonderful "tool" which helps us to explain the world of manifestations time and again in an ever expanding way. But science is not absolute, just as neither the practitioners of science, nor any other forms of life, are absolute.

Religion or spirituality is another basis of explanation for our perception and belief. Religion can be defined in many ways. If religion is understood only on the **psychological** level – that is to say on the basis of the mental and emotional faculty and not of inner experience – it can easily, in time and space, cause a competitive approach between different people or

groups of people: As a result of this, people(s) debate about religion and even battle over it. This happens on a mental and emotional level when the inner experience is not there. If religion is understood and experienced "beyond" both the lateral and the non-lateral dimension, the **beingness** of the human can be revealed to each of us individually.

We, as humans in time and space, are addicted to the belief of understanding and explaining our existence based on sequence – past-present-future. I think there are realities on other levels as well.

My understanding, in all humility, is that what we perceive on earth is an expression of a "blueprint" from the unseen world, the world beyond the two dimensions. In other words, beyond the two dimensions there is information available by means of which forms are created in our sequential world.

If we allow this perception, a totally different awareness of all manifestation is created. If and when our perception changes, the experience of creation changes.

A consequence of time and space is co-existence. One of the consequences of co-existence is that competition is an illusion. After all, if time is defined by the speed of light one person can never be in the same time and space as another person. Yet, masses and masses of energy are lost because humans believe in this illusion of competition. Competition is a human invention. It is a perception as a result of a certain belief created by humans.

Humans in the so-called "civilised" world in particular believe in competition and have even built their whole physical society on this belief system, with destructive effects on nature and on their own peace of mind. This competition manifests in all areas of society: not only in business, but also in sports, in the media, and even in finding a parking place. Of course, if competition is experienced as a game, with no further consequence related to the outcome, it can be an enjoyable way of "playing." There is nothing wrong with it; on the contrary, it can be stimulating in the development of all involved. Unfortunately, in society at large the "play" element has often been forgotten.

With our so-called "civilised" belief system of competition we created power systems – composed of "people who are in control and those who are controlled" on Earth. With the human's aim to be the "best" there is created a consequence of "weak" and "weaker." These systems facilitate certain people – the leaders – to curtail the power of other people – the followers – while the followers refrain from acknowledging their own power, allowing for the leaders to exert their control. This is, in my view, the game of illusion. We all, in time and space, are here to learn about the development of our own "inner" **power**.

The subject of allocation of power also applies to the phenomena of "victim" and "helper." This interaction has positive aspects. It is significant to be the helper of the victim. But would it not be great to just be supportive to the other(s) and oneself, so that finally we are neither helpers nor victims; but just caring human beings, developing and learning with one another?

Might there be a connection between these notions of power – control – and the ongoing process of the destruction of the environment, expressed through the vanishing of millions and millions of life forms at an accelerating rate, which are being replaced by all kinds of artificial matter, created by that one specific expression of life, which is called the human?

The more we identify ourselves with the outcome of our products and services, the more we risk losing our connection with our inner selves, our beingness. The result of this kind of system is that we are judging people, and allowing others to judge us, on the basis of what is produced or used in quantity or quality, expressed in goods, services or fame. As a result of this type of valuation, masses of people are not "seen" at all and feel undervalued.

Do we know how to benefit from our so-called progress? Does it really help us in understanding the meaning of our lives?

Competition is an illusion; sharing, comparing and caring a reality. It is important to share, compare and care without competition. To share, compare and care in order to come to a better understanding: learning from and teaching one another; to compare through history (time) and on the lateral level (space); and to care, as our basic duty of service to all life forms. Practising this sharing, comparing and caring mode we act more functionally. Sharing and comparing carry neither the emotional load, nor the destructive effects, of competition.

Sharing and comparing can result in a more functional society. Life has been given to us by GOD. The question is: Are we able to receive it?

Instead of welcoming and experiencing life through our being by means of all our senses, we often protect ourselves against, for instance; our own feelings, other human beings and nature, with all its consequences. In a way, we become quite insensitive to ourselves and others as well.

The human mind, disconnected from its **being**, is in the lateral world prone to linking into the mass mind, the collective consciousness of the humans. The "mass mind" is what I call the huge "cloud" of human minds, which is not open to GOD and is caught in various forms of fear. It functions only on the level of delusion, being expressed in guilt – past – and expectation – future – as well as in action/reaction towards the other human(s) – the lateral level.

We, in a way, keep each other entangled with our own creation of guilt and expectation. The re-affirmation of the human mass mind keeps on creating solutions that are fear-based, and which cause a massive loss of energy. The media system of mass communication is feeding this human cloud of consciousness day by day. Instead, we are really meant to be here to **celebrate** life, to be **joyful**, and to allow for the **intuitive, creative** powers to come through us. In the meantime, we ourselves are a product and expression of these creative powers.

We are meant to express these creative powers in a caring and serving spirit, for each other, oneself and nature.

To put it briefly: **To live in the NOW, is the only moment there is to live.** The children in this world – who are often living more deeply from the awareness of being – a "now" awareness – could help the adults integrate their feelings –heart – with their mind. We all still carry an awareness of the child within, the child we once were.

I often say: **The chaos in the environment is a reflection of the disorder**

in our minds and hearts – invironment. It is through the reconnection of our heart with our mind within ourselves – invironment – that we can resolve the chaos around us, such as our relationships with other people and with the environment.

We, human beings, being the "stewards" on this earth, have the **responsibility** to allow GOD's expression of **love** to come through us, and help to make this world a place of light.

Decreasing the manipulation of ourselves and of one another, including peoples and nature; might be very helpful in allowing this **divine light** to come through. We need to allow ourselves to trust the abundant regenerative powers in ourselves and in nature to come through again. We do not need to control nature – environment – but to "control" ourselves – invironment – each for oneself. In this respect we, the so-called "civilised" people, could learn a lot from indigenous people who, generally speaking, still live close to creation.

I wrote this because – like many, many other human beings – I am concerned and I care. I am keenly aware that the implementation of these principles is for many of us, including myself, very difficult. In my way of seeing it, this difficulty very much relates to the way in which so many of us have been educated – have been given a certain belief system.

The willingness to change and widen our perception and allow divine energy to come through can help tremendously to make us more peaceful more loving, happier, and to make this world a better place to live for all its "inhabitants" and for the future generations of all species.

The vital question is: **Are you really ready to change your perception, and, as a result, your attitude?** I think we need to do so!

The key issue to focus on is to have the courage to conclude that the human systems, based on "to have" and on issues of power and control, primarily introduced and maintained by the so-called "civilised" people, are not functional anymore. With an open mind, an open heart, and with the courage referred to above, let us all explore how to create new systems which reflect the understanding of the necessity of the development of the power of all human beings individually.

I would like to invite all of us to develop a functional society here on earth, based on these "new" system principles. I know I am only one human being who cares, but when we join forces we can make a difference for the good of all. Having arrived "down" the document, here is a Native American saying:

*"A quick mind is a sick mind, a slow mind is a healthy mind,
... a still mind is a divine mind."*

Fred Matser is a real estate developer who once held positions at Branch & Associates and Hilvest Beheer and Hilvest Assurantien among others, and who has dedicated his life to promoting harmony in human life, and a more functional society. He has founded several foundations to further this goal, such as the De Nieuwe Vaart Foundation, the Environmental Awareness Foundation, and the Peace Child Europe Foundation—the Netherlands in 1989, the Johan-Sophia Foundation in 1990, the Crianca—Nossa Heranca Foundation and the Gorbachev Foundation—the Netherlands in 1992, the Peace Flame Foundation – which organised the lighting of a symbolic peace flame on the Skanderia bridge of Sarajevo by Olympic gold medallists in 1994 – the Health Care Experienced Alternatively Foundation in 1995, the Fred Foundation and the Heart Cry Foundation in 1996, and the Jane Goodall Institute—Holland in 1997. He also co-founded the Maia Foundation in 1993, and joined Michail Gorbachev in creating the International Trust for Children's Health Care in 1995, which focuses on health care in the Russian Confederation States. Fred Matser is a Member of the Advisory Board of the State of the World Forum, which aims at offering recommendations with which to shape our common world future. He has also been at the helm of the SOFAM building development company since 1977.