

Bio-Athletics

Introduction

This section is specifically dedicated to all those dealing with athletics. The B.I.O. considers it one of its important missions to promote the advancement of all athletics as long as they contribute to the harmonious spiritual and physical development of human beings.

The word athletics comes from the Greek word *athlos* meaning achievement. Therefore, athletics encompasses all possible physical or spiritual achievements of humanity. However, in modern times the concept of athletics has become identical with sports, the achievements of the body. The concept of athletics has to regain its original significance on the basis of new bios values.

The bios theory embraces the spirit of harmonious, proportional development, both mental and physical. People should not confine themselves to training for achieving better performance in sports only. Top results in sports must not lead to robotization of athletes.

Sports Involving Bios

Sports, whereby humans and animals tested themselves in coordinated, non-injurious events are as ancient as humanity itself. It is even true that, to some extent, our ancestors had started creating sports before the species *Homo sapiens* even came into being. It seems that there has been no break in continuity in the progressive development of the games played by both young and adult individuals.

Emphasis should be placed on using bio-athletics for harmonious development of the body and mind not only of the sportsmen, but all people. Bio-athletics should lift the spirit of the people, part of the task which biopolitics has set itself.

Reorganization of the Olympics on the Basis of Bios Values

The harmonious development of human beings can be promoted by the revival of the ancient Olympic spirit. The Olympic Games were carried out in Greece for over 10 centuries, and represented important political, and cultural events. During the Olympics, a cease-fire was imposed over all opposite parties involved in the games, since the latter were considered as an opportunity for reconciliation and unifying vision rather than division. An athlete's highest honor was to participate in the Olympics. A sprig of olive tree was the prize for winners. No financial award was given, but the winners and their families became among the most respectable in the City for the rest of their lives.

At the end of the 19th century, Baron Pierre de Coubertin re-introduced the Olympiads with the aim of reviving this ancient tradition. It is important to impart a broader sense to the term 'Olympics' than is recognized today.

Today, international prizes and competitions take place in various fields such as music, poetry, painting, and scientific research. However, these competitions represent a fragmented view of human achievements. In order to re-establish the harmony and unity behind all the expressions of human endeavour, an overall recognition and award of achievements in sports, culture and science may be made simultaneously every four years under the aegis of the Olympic Games. Olympics should be a period of world peace and an occasion for all the citizens of the world to live in a uniting atmosphere and assess values either at a personal level or through dialectic exchange. Media may contribute by expanding the message of unity of bios during the Olympic days.

Objectives

The goal of the I.U.B.E. will be to stimulate (through bio-assessment) the ongoing search for new values and, at the time of the Olympiad, progress made in every aspect of human endeavour may be evaluated in an effort to contribute to the advancement of bio-environmental ethics. Through bio-athletics in this deep sense, bio-culture may progress in these four-year intervals where the sum of humanity's bio-development will culminate in a higher stage of bio-integrated values in the hope of contributing a building block to the solid pyramid based on bios rights.

Specifically, the objectives are:

- to contribute to the development of the harmonious personality, good physical and mental development, incorporating sound moral principles, biocentric values, and a new millennium vision of the animated world;

to elevate the existing kinds of sports to a new level of efficiency by employing the resources of the human organism which are still inaccessible;

- to increase interest in the ancient types of sports which implicated bios ideas and values;
- to lead to a new assessment of the Olympic ideals through the vision of unifying values of humanity and all forms of bios.

References

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